



Vanessa Zamy

**The Business
Defibrillator®**

“Vanessa Zamy delivered an **outstanding presentation** that exceeded our expectations. Vanessa was knowledgeable, engaging, and charismatic throughout her presentation...a natural ability to connect with the audience and **kept them captivated** with her insights and stories.

- **Event Planner**, A UNITED KINGDOM WOMEN'S LUNCHEON

Book Today!

Available Virtual and In-Person

VANESSA@LIBERATIONX.CO

Vanessa Zamy

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About Your Speaker

Vanessa Zamy: Igniting Employee Retention and Preventing Burnout for Leaders and Professionals

Vanessa Zamy, renowned as The Business Defibrillator®, is a dynamic speaker, trainer, and specialist, passionate about fostering well-being and balance among leaders. Formerly entrenched in the bad stressors of the corporate world, Vanessa escaped her six-figure salary to transition into entrepreneurship guiding overwhelmed women business owners from burnout to balance.

Inspired by the transformative successes she witnessed with small business owners, Vanessa now returns to the corporate arena. She leverages her diverse experiences in Fortune 500 corporate and office spaces to empower leaders to achieve work-life balance.

In every keynote, Vanessa Zamy brings an engaging style and impactful insights recognized in publications like NPR Marketplace as she equips audiences to master their time, unlock potential, and thrive in today's professional landscape. Vanessa Zamy is more than a speaker; she's a catalyst for sustainable success, ensuring overwhelmed leaders and professionals navigate the corporate world with confidence and resilience.



Get in Touch



INQUIRE BY EMAILING: [**VANESSA@LIBERATIONX.CO**](mailto:VANESSA@LIBERATIONX.CO)

Speaking Topics

Available Virtual and In-Person

for your next Women's Conference

Burnout Prevention & Time Management*

Business-Life Balance - It does exist...and meditation is not the first step. In this dynamic and transformative presentation, Vanessa delves into the intricacies of time management, burnout prevention, and maximizing productivity. She provides practical strategies and insights to help her audience reclaim control over their time, harness their inner power, and prevent burnout. By mastering time, individuals can unlock their full potential and achieve personal and professional fulfillment.

Leadership: Embracing Multiple Generations*

Vanessa Zamy explores the dynamic landscape of contemporary leadership. By examining the unique characteristics of Baby Boomers, Gen X, Millennials, and Gen Z, Vanessa provides actionable insights to empower leaders across generational lines. This talk will equip leaders to leverage the collective strengths of a multi-generational workforce, cultivating an inclusive and innovative organizational culture that thrives on generational diversity.

**These are the topic themes.*

Specific titles are chosen to fit your conference theme.

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ABOUT

Vanessa Zamy
The Business Defibrillator®



Vanessa Zamy, renowned as The Business Defibrillator®, is passionate about fostering well-being and balance among leaders. Vanessa leverages her diverse experiences rising up the ladder of Fortune 500 companies to empower leaders and professionals to achieve work-life balance for themselves and their team. A catalyst for sustainable success, Vanessa ensures women leaders navigate the corporate world with increased productivity, renewed vitality, and exponential performance.

REDEFINING SUCCESS AND WELL-BEING IN THE WORKPLACE

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WOMEN WITH PURPOSE
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NSWIB
NORTHSHORE
WOMEN in BUSINESS

[Event - VIEW HERE](#)

NSWIB is one of the top women's networking organizations aiming to foster opportunities for business women to develop professionally and personally.



FPA

[Event - VIEW HERE](#)

FPA is the Financial Planning Association - helping financial planners and advisors realize their vision of success with practice support, learning, advocacy, and networking.



 **Portland State**
UNIVERSITY

[Virtual - VIEW HERE](#)

Vanessa Zamy regularly teaches "Entrepreneurship" and "Business Planning" topics for small business centers, entrepreneurship fellowships, and other programs including as an Adjunct Professor in Portland State University's School of Business.



REVIEWS

"Vanessa was **entertaining, inspiring** and clearly really knows the pain points that **small business owners** face."

- EVENT ATTENDEE



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"If you want a **fun and energetic night of learning** how to market your **business** In a **very interactive** way, you need to hire Vanessa Zamy. This is not like your cookie cutter marketing presentations you've had anywhere else."

- EVENT ATTENDEE



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"I would have her again as our Speaker. She's **dynamic**. She's **intelligent**. She has a knowledge base and she HAS a **story**. And she passed all of that onto us tonight."

- EVENT ORGANIZER AND ATTENDEE



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4-minute
video sample



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details for specific pricing.**

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